



Assembling your School's



Wellness Team



The most successful wellness teams have diverse participation from their school community. When assembling your team, think about who best represents your school and who will be champions for wellness.



Principal/Assistant Principal



School Nutrition Services Manager



Physical Education Teacher



Athletic Coach



Health Education Teacher



School counselor, psychologist or social worker



Classroom Teachers



School nurse



Students



School security personnel



Parents



Community-based health care or social services provider



Janitor or custodial worker



Community health organization representative



Facility and maintenance staff



Bus Driver or crossing guard



For more information visit:
www.healthikids.org

