

# Enforce the Rule: Make Water Available for Meals at School!



**Every child has the right to drink free water**



**Kids from the Rochester City School District have told their parents they're only served milk and want to have water with their lunch**



**It's the law! Schools have to serve free water with ALL meals!**



**Together we can enforce the law!**



**It's time for water stations in every RCSD cafeteria!**



**To learn how to get a water station in your school visit us at:  
[www.healthikids.org](http://www.healthikids.org)**